

VOLUME 31
Number 2
Online

Discipleship News

A PUBLICATION OF LOUISA BAPTIST CHURCH



Have you been with Christ?

By Brandon Hembree

Now when they saw the boldness of Peter and John, and perceived that they were uneducated, common men, they were astonished. And they recognized that they had been with Jesus."

Acts 4:13

I was scrolling through Facebook the other day and everyone looked so happy. Children were playing, couples were smiling in selfies and all the people seemed so put together. Our lives are messy no matter what social media says.

Jesus came for the broken, not the boastful.

As Peter and John were used by the Holy Spirit to build the church in Acts, they had a reputation, not as put-together theologians, but as uneducated and common men. They were seen as nothing special by human standards. However, it was obvious to everyone that these broken, average men had been with Jesus.

Jesus is not looking for the smartest, most talented, stage-driven people to use for His glory. He is looking for people who put sin to death, feast on His Word and labor in prayer. Our world needs to know Christians by our name—people who have been with Christ

- Prayer List
- Birthdays
- Lifeline Screenings
- Special Prayer Service
- Heart for the Nations
- Connect with Us - Get on the email list
- Upcoming Team meetings
- New Women's Bible study
- Parish Nurse Ministry

BIRTHDAY LIST

To be a part of our birthday list for 2020, please send your name and birthdate or your child's name and birthdate to the church office in this format:

Month/Day/Year
00 / 00 / 0000

The list has been "cleaned up" and there are a lot of birthdays that are not in our membership program. Birthdays do not include the birth year on the birthday list, however, I need the birth year to input into the program.

Don't be left out. Send in your information today.

A He♥rt for the Nations



Alex and Jess Garcia London, England

If you think London is a Christian city because it has some historic church buildings, I am sorry to say you are wrong. It is a city of more than eight million people, most of whom have no relationship with Christ.

It is also a very challenging city because people from around the world now live in London - they speak more than 300 languages. Many missionaries are needed to tell the Gospel with such a challenging barrier.

Alex and Jess Garcia serve in London by planting new churches around the city. Every week people are saved and ask for baptism. That often inspires others to seek baptism too.

Pray for Alex and Jess and ask God to give them a powerful vision of how to share the gospel with the millions who live in this massive city.

For more, visit www.sbc.net/cp/52sundays/



Camp Jubilee Acres Mission Opportunity



WHERE: Roanoke Rescue Mission Camp Jubilee Acres

WHEN: July 6-10 (arrive July 5)

WHO: Individuals age 13-102 and families

COST: Estimated \$50-100 per person (food and gas)

NEEDS: Volunteers and groups leaders for music, games, sports, crafts, teaching and cooks for our team members, VBS supplies, sports supplies, sponsorship for LBC members and funds for supplies.

GOAL: To conduct a day camp for one week to include VBS, games, sports, crafts, Bible activities and investing in the lives of children.

MORE INFORMATION: Linda Swanson 540-967-2688, 540-894-3135, lindacswanson@gmail.com

Roanoke Rescue Mission provides multiple services to homeless individuals and families. We have the opportunity to minister to the children at Camp Jubilee Acres.

**Make your submissions for the
weekly online newsletter
by Monday at 5 p.m.**

Special Prayer Service

Wednesday Feb. 5, 6:30 p.m.

Pray for "Who's Your One"

AND THE

Panama Mission Team

CONNECT WITH US



Online

louisabaptistva.org



Facebook

[louisabaptistchurch](https://www.facebook.com/louisabaptistchurch)



Instagram

[louisabaptistchurch](https://www.instagram.com/louisabaptistchurch)



Email

louisabaptistva@gmail.com

Don't miss the little things. Sign up for the weekly online newsletter **Discipleship News**.

Make sure your friends are signed up, too.

We are now live streaming both Sunday worship services and Wednesday Bible study. Catch us live or see past sermons and Bible studies on YouTube. Search for Louisa Baptist Church Louisa VA.

Tell your friends you're here.

facebook
Check-in on your mobile device.



Are you checking in?

Facebook Check-In: Each Sunday starting at 8:30 a.m., go to the church's Facebook page and check-in. For each check-in, \$1 will be donated to a specific mission or fund. Checking-in may encourage someone to come and worship at LBC, too. Like our Facebook page and start checking-in each Sunday.

Proceeds benefit a project selected by the church.

We NEED sponsors
See Elaine Barnes to sponsor a Facebook check-in month.



JANUARY Birthdays

- 1 Sarah Bowman
- 4 Cleo Billingsley
Billy Hart
Matt Lesser, Sr.
Katy Lampman
Ashley Madison
Leah Fiske
- 6 Marie Bowers
- 7 Pamela Medford
- 9 Chuck Nuckols
- 10 Ed Cheely
Stephanie Woolfolk
- 11 Margaret Hiter
Jessica Agee
Joy Stockton
- 12 Ethan McGehee
Colleen Sandberg
- 13 Susan Hopkins
- 14 Sharon Buck
Justin Woodward

- 15 Bo Stillely
- 16 Ashley Kober
- 17 Ed Durrwachter
- 18 Lydmarie Spruill
- 19 Kelly Lopez
- 20 Lee Bock
Samantha Hush
- 21 Earl Robinson
Nicholas Anderson Jr.
- 22 Abigail Bock Montiel
Cynthia Ross
- 23 John Trammell

- 24 Benjamin Hiter
Pamela Hush
- 26 Ty Hendrick
Wesley Perkins
- 27 Ariana Jackson
- 28 Bobby Sites
Emma McGehee
- 29 David Sandberg
- 30 Jordan Lee Davis
- 31 Mary Jo Hopkins
Sylvia Perkins
Dwayne Barnes

Upcoming Team Meetings

Children's
Sunday, Jan. 19, 12:15 p.m.

Equipping
Monday, Jan. 20, 10:00 a.m.

Administration
Tuesday, Jan. 21, 9:30 a.m.

Leadership Council
Thursday, Jan. 23, 6:00 p.m.

Bylaws Review
Monday, Jan. 27, 10:00 a.m.

Deacons
Monday, Jan. 27, 7:00 p.m.

Quarterly Business meeting
Sunday, Feb. 2



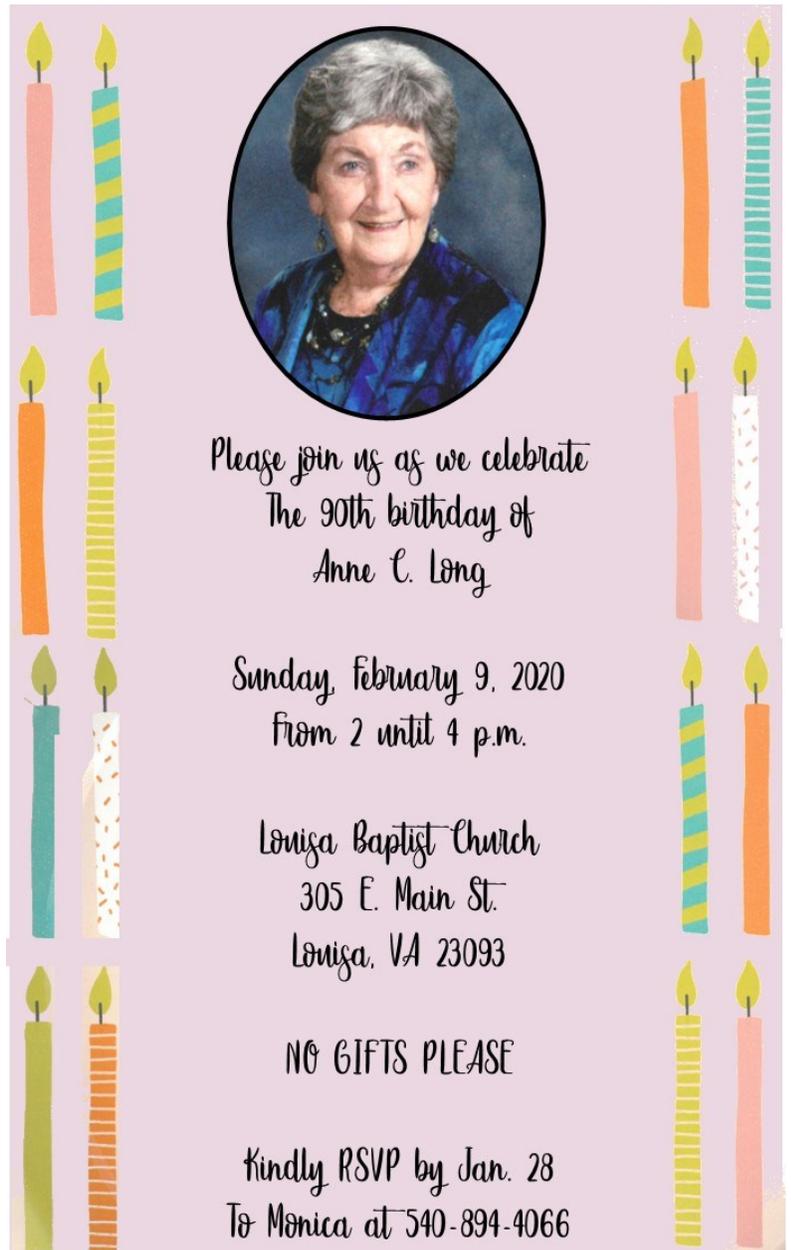
Please join us as we celebrate
The 90th birthday of
Anne C. Long

Sunday, February 9, 2020
from 2 until 4 p.m.

Louisa Baptist Church
305 E. Main St.
Louisa, VA 23093

NO GIFTS PLEASE

Kindly RSVP by Jan. 28
To Monica at 540-894-4066



**JOIN THE
2020 CENSUS TEAM
in Louisa County**

APPLY ONLINE!

2020census.gov/jobs

2020 Census jobs provide:

Starting at \$15.00

Flexible hours

Paid Weekly

Paid training

For more information or help applying, please call
1-855-JOB-2020

Federal Relay Service:
1-800-877-8339 TTY/ASCII
www.gsa.gov/fedrelay

The U.S. Census Bureau is an Equal Opportunity Employer.

**United States[®]
Census
2020**

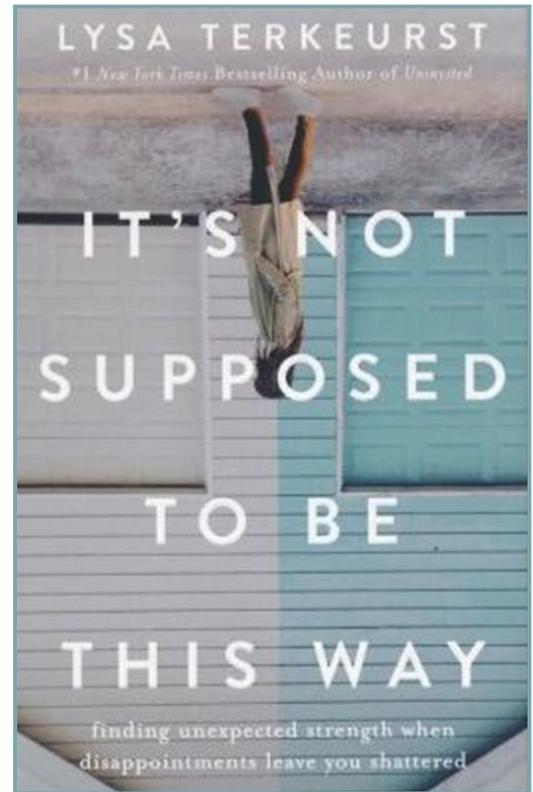


New Women's Bible Study

Children and Youth service participation

Pastor Rudy has set up a schedule for the children and youth to participate on a regular basis during Sunday morning worship service. They will be a welcome addition to the worship services. See Pastor Rudy for more information.

First Sunday - Children's Bell Choir or Youth Puppet Ministry
Second Sunday - Children's Sermon or JiLOA
Third Sunday - An activity sheet for the Children
Fourth Sunday - Children's Church



Begins: Wednesday, Jan. 22 at 6:30 p.m.
Where: Upstairs classroom 207
What you need: A Bible and open heart
More info: Lee Bock at
chrisbock2@aol.com or 540-872-8060

Do you have something from your team to include in the weekly email blast? Please send it to me and I'll share it with our church family.

Send me pictures and a short description.

You'll be surprised to see what an impact this can make when we advertise what our church is doing. It can grab the attention of families looking for a church to become active with.

Let's make a statement in 2020!

Comp coupons in the church office!



Life Line Screening goes beyond regular checkups to look inside your arteries for signs of plaque build-up

All 5 Screenings for \$139

Carotid Artery/ Plaque Screening

Ultrasound scan of the carotid arteries that screens for plaque buildup.

Heart Rhythm Screening (Atrial Fibrillation)

Screens for irregular heart beat.

Abdominal Aortic Aneurysm Screening

Screens for an aneurysm in the abdominal aorta, which could rupture.

Peripheral Arterial Disease Screening

Screens for peripheral arterial disease in the lower extremities.

Osteoporosis Risk Assessment

Ultrasound screen of the shin bone to determine abnormal bone mass density.

We will be in your neighborhood soon Date **2/6/2020**

**Louisa Baptist Church; 305 East Main St
Louisa, VA 23093**

Get your special Community Circle pricing!

Three ways to register:

Call toll-free: **1-800-679-5609**

Online: www.lifelinescreening.com/communitycircle

Text: the word **circle** to **797979**

Comp coupons in the church office!



Getting Screened is Simple!

**Painless, non-invasive,
keep your clothes on.**



Screening results are provided to you in 21 days. We direct all participants with abnormal results to take the report to their physician. All tests are for screening purposes only. You should consult with your personal physician regarding your screening results. Insurance Note: Life Line Screening does not participate in the Medicare program and the cost of our screening services is not covered or reimbursable by Medicare. Life Line Screening does not file insurance claims. Screenings in California are provided by Life Line Mobile Screening, a physician owned practice. Screenings in Kansas are performed by Life Line Screening of America, Ltd. on behalf of Life Line Screening Physicians, P.A. Screenings in New Hampshire, New Jersey and New York are performed by Life Line Medical Screening, LLC (Dr. Andrew Manganaro, 70 Niagara Street, Buffalo NY, 14202). Life Line Screening does not engage in the practice of medicine in those states. This information is not intended to induce referrals by Life Line Screening to Life Line Medical Screening, LLC for any professional medical service. Texas residents: Physician authorization is required. A Life Line Screening affiliated physician will provide authorization for you if you qualify. Cancellation Policy: A full refund is issued if you call to cancel at least 2 days prior to your appointment. If less than 2 days' notice is given, we will issue a Gift Card for the full amount to be used, to purchase future screening services.



The Timeless Gift ministers to the community

More than 80 people helped to make The Timeless Gife event happen with more than 60 of our church family who were actual participants on the night of the event. This just shows that our church family, while diverse in so many ways, is strongly united in our main reason for being together, which is to glorify our Lord and Savior. Over and over, people said, "It is a joy to serve the Lord!" With that as our heart's desire, God will surely bless and keep our precious church family. *Submitted by Lee Bock*





Parish Nurse MINISTRY

Winter's colder temperatures, shorter days, and inclement weather can have negative effects on your mood - from a little winter blues to the clinical condition of Seasonal Affective Disorder (SAD).

Please take a look at these tips that may help you and your family even if it's cold and gray outside. Try to think of at least three things that are blessing in your life each day. Daily prayer is always a great way to connect with God and improve your mood!

If you ever feel you are in need of additional help, please do not hesitate to call on your brothers and sisters in Christ. Ministerial staff, Deacon body and the Parish nurses are here for you!

Try it this week: Get organized! Set aside some time to map out your meals and make a grocery list--it'll help you stick to your healthy eating style!

LBC Parish Nurses 2020



JoAnna
Collins



Maureen
Nelson



Linda
Swanson



Amanda
Wills

15 Ways to Beat the Winter Blues

©2017 Sharon Martin, LCSW

1. Get out of the house.
2. Laugh.
3. Say "no" to something you don't want to do.
4. Give yourself a treat.
5. Clear the clutter.
6. Don't sweat the small stuff.
7. Put on your favorite playlist.
8. Spend time with your pets.
9. Eat a healthy lunch (and an afternoon snack).
10. Mindfully use your senses to increase enjoyment of everyday life.
11. Move your body.
12. Buddy up.
13. Write it out.
14. Open the curtains and turn on the lights.
15. Anticipate a fun-filled activity.